



Men's Health Active Champion 2019

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Men's Health active overview:

On March 7th we are launching a new campaign, "Men's Health Active", which will be delivered between March and June, 2019.

Targeting the male student population who are conscious of their mental health, the initiative will focus on sport, physical activity and social connectivity to aid a positive mindset. Helping to produce proactive mechanisms for male students to manage their mental health and wellbeing, there will be a launch event followed by a 5-week programme. This program will offer inclusive sport and physical activity sessions, supported by "talk shops", providing students with a safe place to talk and create a safe environment where a sense of belonging and connection is created.

At present, we have appointed two Student Ambassadors who will be managing the logistics of the Men's Health Active Campaign whilst liaising with students, managing marketing and reporting outcomes. Following vast interest in these roles, we would now like to form a team of volunteers (also known as Champions) to assist with the campaign.

Summary of role:

- Support the delivery of the launch night and the 6-week programme
- Support the students who join the program
- Positively spread the word of the campaign to peers and associates across the university
- Develop positive working links with the ambassadors, other volunteers, sports clubs and the other key players in order to successfully deliver the campaign
- Regularly report back to the MHA and Disability Sport ambassadors, the Disability Sport Officer and Sports Participation Development Officer.
- Provide critical thinking and feedback on all aspects of the program

You must be over 18 years old

Contact Details

Leadership Academy

UON Sports Leaders

Department of Sport

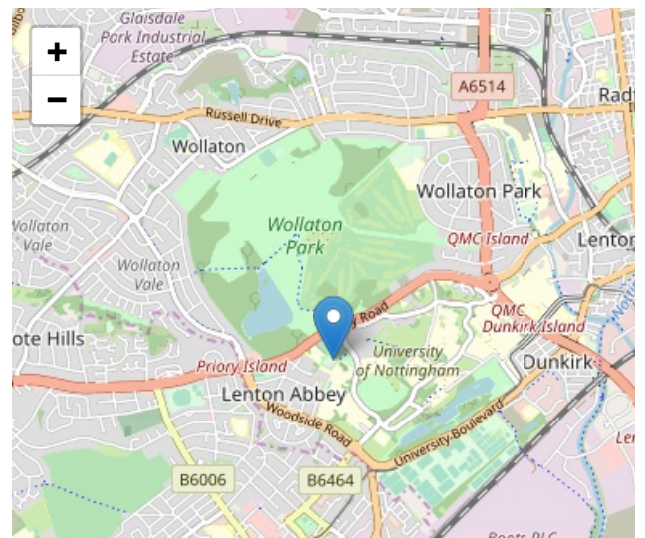
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Sport,Mental Health,Men,Engage

Opportunity Location

University of Nottingham, NG72RD





Session Dates and Times

This is a FLEXIBLE opportunity, there are no set times to attend.

The provider will contact you and arrange for mutually convenient times for you to attend between the opportunity dates below.

First day Monday 25th February 2019

Last day Monday 1st July 2019

Signup closes on Monday 1st July 2019, in 74 days.